

Marley G. Billman Miller

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EDUCATION

Auburn University, Auburn, AL August 2023-Present
 Doctor of Philosophy, Clinical Psychology
 Advisors: Tiffany A. Brown, PhD & April R. Smith, PhD

Auburn University, Auburn, AL (Anticipated) December 2024
 Master of Science in Clinical Psychology
 Committee Chair: Tiffany A. Brown, PhD
 Thesis: Mind over Muscles: Testing the Impacts of Psychological Avoidance on Changes in Muscle Dysmorphia Symptoms over Time for Men in a Body Acceptance Program

The Pennsylvania State University, University Park, PA May 2020
 Bachelor of Science in Psychology
 Minor in Rehabilitation and Human Services
Magna Cum Laude, Penn State Mont Alto Honors Program

GRANTS

Graduate Research Fellowship Program (Honorable Mention, Not Funded) April 2024
 National Science Foundation
 Project: The Influence of Food-Insecurity and Body Image Disturbance on Chronic Stress in Racial/Ethnic Minority Women in Rural Alabama
 Principle Investigator, \$37,000 each year for 3 years

Junior Scientist Fellowship September 2023
 American Psychological Association of Graduate Students/Psi Chi
 Project: The Influence of Food-Insecurity and Body Image Disturbance on Chronic Stress in Racial/Ethnic Minority Women in Rural Alabama
 Principle Investigator, \$1000

Penn State College of Liberal Arts Undergraduate Research Funding Award January 2020
 Relationships and Stress Lab, Pennsylvania State University
 Project: Childhood Traumatic Experiences of Penn State Undergraduates
 Principal Investigator, \$1875

HONORS, AWARDS, & RECOGNITION

Auburn University Travel Research Award August 2023-Present
 Honorable Mention, National Science Foundation Graduate Research Fellowship Program April 2024
 Featured Trainee of the International Journal of Eating Disorders February 2024
 Academy for Eating Disorders Award- Top Scoring Poster Abstract at ICED 2022 April 2022
 Outstanding Officer of the Year Award Nominee, Penn State Student Activities April 2020
 Penn State Child Study Center Undergraduate Student Spotlight March 2020
 Penn State Alumni Association Trustee Scholarship- Liberal Arts January 2020
 Mona Shibley Bird Memorial Scholarship in Psychology December 2019
 Undergraduate Scholarship for Talented Student August 2018
 Penn State Mont Alto Academic Festival (2nd Place) May 2018

PUBLICATIONS

15. Almeida, M., Brown, T. A., Reis, Y. P., Almeida, L. H. R., **Billman Miller, M. G.**, Denmark, K., Lebron, J. C., Fritchen, R. E., & de Carvalho, P. H.B. (in press). Factor structure and measurement invariance of the Body Appreciation Scale - 2 among Brazilian gender-expansive individuals and transgender men. *Body Image*.
14. **Billman Miller, M.**, Denning, D. M., Alvarez, J. C., Castro Lebron, J., Bakoyema, S., Brown, T. A. (in press). Examining eating disorder pathology and self-stigma of help-seeking behaviors in a community sample of sexual minority adults: An intersectional investigation of race and gender. *Eating Disorders: Journal of Treatment and Prevention*.
13. Perry, T. R., Lusich, R., **Billman Miller, M.**, Kaye, W. H., Wierenga, C. E., & Brown, T. A. (in press). Comparing changes in eating disorder psychopathology and comorbid symptoms over treatment in anorexia nervosa and atypical anorexia nervosa. *International Journal of Eating Disorders*.
12. **Billman Miller, M.**, Quail, M., King, S., Mausteller, K., Johnson, M., Forrest, L., Lane-Loney, S., & Essayli, J. (2024). Outcomes of a cognitive-behavioral, family-centered partial hospitalization program for children and adolescents with anorexia nervosa and atypical anorexia. *European Eating Disorders Review*, 32(2), 230–243. doi:10.1002/erv.3038
11. Roden, R., **Billman, M.**, Francesco, A., Mullin, R., Tassi, C., Wozolek, B., Heppard, B., Essayli, J., & Stuckey-Peyrot, H. (2024). Treatment goals of adolescents and young adults at initial medical encounter for gender incongruence. *Pediatrics* 153(1): e2023062202. doi: 10.1542/peds.2023-062202
10. **Billman Miller, M.**, Gioia, A., Essayli, J., & Forrest, L. N. (2024). Few differences in psychiatric comorbidities and treatment response among people with anorexia nervosa and atypical anorexia nervosa. *International Journal of Eating Disorders*, 57(4), 809–818. doi: 10.1002/eat.24046
9. **Billman Miller, M. G.**, Zickgraf, H. F., Murray, H. B., Essayli, J. H., & Lane-Loney, S. E. (2024). Validation of the youth-nine item avoidant/restrictive food intake disorder screen. *European Eating Disorders Review*, 32(1), 20–31. doi: 10.1002/erv.3017
8. Mahr, F., **Billman Miller, M.**, Quail, M., Lane-Loney, S., Ryan, S., & Llorente, A. (2023). Neuropsychological profiles and clinical correlates of youth with anorexia nervosa and avoidant restrictive food intake disorder. *Journal of Pediatric Neuropsychology*, 9, 200-213. doi: 10.1007/s40817-023-00147-3
7. Roden, R., **Billman, M.**, Mullins, R., Francesco, A., Tassi, C., & Essayli, J. (2023). Rural location of residence is not associated with use of telemedicine for initial medical contact for gender-related healthcare. *Journal of Adolescent Health*, 73(5), 940–945. doi: 10.1016/j.jadohealth.2023.06.027
6. Mahr, F., **Billman Miller, M. G.**, Quail, M. A., Ryan, S. A., & Nadeem, T. (2023). Serum zinc levels in youth with avoidant/restrictive food intake disorder and anorexia nervosa: Clinical correlation with weight and psychopathology. *Nutrition and Health*. doi: 10.1177/02601060231191658
5. Ortiz, A., Cusack, C., **Billman, M.**, & Essayli, J. (2023). Baseline symptomatology and treatment outcomes of young adults in a virtual versus in-person partial hospitalization and intensive outpatient program for eating disorders. *International Journal of Eating Disorders*, 1-6. doi: 10.1002/eat.23968

4. **Billman, M.**, Forrest, L., Johnson, M., Quail, M., King, S., Mausteller, K., Lane-Loney, S., & Essayli, J. (2022). Preliminary effectiveness of a cognitive-behavioral, family-centered partial hospitalization program for children and adolescents with avoidant/restrictive food intake disorder. *International Journal of Eating Disorders*, 1-6. doi:10.1002/eat.23806
3. Roden, R., **Billman, M.**, Lane-Loney, S., Essayli, J., Mahr, F., Vrana, K., & Ryan, S. (2022). An experimental protocol for a double-blind placebo-controlled evaluation of the effectiveness of oral naltrexone in management of adolescent eating disorders. *Contemporary Clinical Trials*, 122, 106937. doi: 10.1016/j.cct.2022.106937
2. Mahr, F., Brennan, G., **Billman, M.**, & Lane-Loney, S. (2022). Sleep and avoidant restrictive food intake disorder (ARFID): Correlation with psychopathology, gender, and academic performance. *Cureus*, 14(6): e25628. doi:10.7759/cureus.25628
1. Mahr, F., **Billman, M.**, Essayli, J., & Lane-Loney, S. (2021). SSRIs and hydroxyzine in the treatment of avoidant restrictive food intake disorder in children and adolescents: Rationale and evidence. *Journal of Child and Adolescent Psychopharmacology*, 32(2), 117-121. doi: 10.1089/cap.2021.0038

ORAL PRESENTATIONS

7. **Billman Miller, M.**, Denning, D., Finkelstein, J., Smith, A., & Brown, T. (2024, August). *Examining interoceptive awareness among LGBTQ+ adults*. Oral presentation at the National LGBTQ Health Conference, Atlanta, GA.
6. Lusich, R., **Billman Miller, M. G.**, Clancy, O., Smith, A.R. (2024, May). The impact of eating pathology and interoception on excessive exercise. Oral presentation at the Association for Behavioral and Cognitive Therapies (ABCT) Student Research Symposium, Virtual.
5. **Billman Miller, M.**, Gioia, A., Frietchen, R., Grunewald, W., & Smith, A. (2024). *Meaningful associations between motivation for treatment and interpersonal needs within a residential sample of people with eating disorders*. In R. Frietchen (Chair), Risk for suicide and non-suicidal self-injury in populations with eating disorders: Evidence and implications. Symposium presentation at the Suicide Research Symposium, Virtual.
4. Essayli, J. H., Thomas, J., **Billman, M. G.**, & Lane-Loney, S. E. (2023). *Attitudes toward online versus in-person exposure therapy for eating disorders*. In R. M. Butler (Chair), Translating treatments for anxiety disorders to eating disorders. Symposium to be presented at the Association for Behavioral and Cognitive Therapies Convention, Seattle, WA.
3. Brown, T. A., Denning, D. M., **Billman Miller, M. G.**, Denmark, K., Alvarez, J. C., & Gebhardt, E. S. (2023). *Intraminority stressors prospectively predict muscle building and cognitive restraint in sexual minority men*. In J. C. Alvarez & T. A. Brown (Chairs), Pressures from within: Associations between intraminority gay community stress and mental health in sexual minority men. Symposium to be presented at the Association for Behavioral and Cognitive Therapies Convention, Seattle, WA.
2. Brown, T. A., Gebhardt, E., Denmark, K., **Billman, M.**, & Denning, D. M. (2023). *Longitudinal associations between minority stressors and eating pathology symptoms in a diverse sample of sexual minority adults*. Oral presentation at the Annual Eating Disorders Research Society Meeting, Boston, MA.
1. **Billman, M. G.**, Forrest, L. N., Lane-Loney, S. E., & Essayli, J. H. (2023). *Six-month and twelve-month outcomes of a cognitive-behavioral, family-centered partial hospitalization program for children and adolescents with anorexia nervosa, avoidant/restrictive food intake disorder, and other eating*

disorders. Oral presentation at the Association for Behavioral and Cognitive Therapies Student Special Interest Group Research Symposium, Virtual.

POSTER PRESENTATIONS

23. Brown, T. A., Denning, D. M., & **Billman Miller, M.** (2024). The indirect effects of internalized stigma on eating disorder symptoms through body dissatisfaction in sexual minority adults. Poster to be presented at the 30th Annual meeting of the Eating Disorders Research Society, Sitges, Spain.
22. Gillikin, L., **Billman Miller, M.**, Bedard, S.P., De Young, K.P. Brown, T.A. (2024). *Applying the traumatic invalidation model to binge eating and restriction among sexual minority individuals*. Poster to be presented at the 30th Annual meeting of the Eating Disorders Research Society, Sitges, Spain.
21. **Billman Miller, M.**, Grunewald, W., & Smith, A. (2024). *Testing the moderating role of psychological flexibility on the relationship between drive for muscularity and fearlessness about death among young adult men*. Poster to be presented at the Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
20. Finkelstein, J., **Billman Miller, M.**, Denmark, K., & Brown, T. (2024). *Associations between distal and proximal minority stressors and eating pathology in transgender and gender non-conforming adults*. Poster to be presented at the Association for Behavioral and Cognitive Therapies Convention, Philadelphia, PA.
19. Le, J., **Billman Miller, M.**, & Brown, T. (2024). *Intraminority stressors and how they affect body dissatisfaction among different racial groups*. Poster presentation at the Auburn University Student Research Symposium, Auburn, AL.
18. **Billman Miller, M.**, Denning, D., Frietchen, R., Smith, A., & Brown, T. (2024). *Validation of the multidimensional assessment of interoceptive awareness (MAIA-2) in a community sample of sexual minority adults*. Poster presentation at the Association of Psychological Science Convention, San Francisco, CA.
17. Frietchen, R., **Billman Miller, M.**, Smith, A., & Brown, T. (2024). *Validation of the multidimensional assessment of interoceptive awareness (MAIA-2) in a community sample of transgender and gender non-conforming adults*. Poster presentation at the Association of Psychological Science Convention, San Francisco, CA.
16. Fernandez, A., **Billman Miller, M.**, & Brown, T. (2024). *Gender differences and moderation effects on the relationship between muscularity-oriented disordered eating and depressive symptoms in adult men and women*. Poster presentation at the Southeastern Psychological Association 70th Annual Meeting, Orlando, FL.
15. Lusich, R., **Billman Miller, M.**, Essayli, J., Lane-Loney, S., & Brown, T. A. (2023). *Changes in avoidant/restrictive food intake disorder symptomatology over time*. Poster presentation at the Association for Behavioral and Cognitive Therapies Convention, Seattle, WA.
14. Essayli, J., **Billman Miller, M.**, Loney, E. N., & Lane-Loney, S. E. (2023). *Eliciting anxiety about eating in adolescents and young adults with anorexia nervosa and atypical anorexia nervosa*. Poster presentation at the Annual Eating Disorders Research Society Meeting, Boston, MA.
13. Denmark, K., **Billman Miller, M.**, & Brown, T. A. (2023). *Gender differences in associations between negative attitudes towards obesity and pathological eating/exercise*. Poster presentation at the Annual Eating Disorders Research Society Meeting, Boston, MA.

12. **Billman Miller, M.**, Denmark, K., & Brown, T. (2023). *Psychological flexibility moderates the relationship between muscle dysmorphia symptoms and obligatory exercise in men*. Poster presentation at the Annual Eating Disorders Research Society Meeting, Boston, MA.
11. **Billman Miller, M.**, Essayli, J., Lane-Loney, S., & Zickgraf, H. (2023). *Assessing sensitivity to change of the Youth Nine-Item Avoidant-Restrictive Food Intake Screen (Y-NIAS)*. Poster presentation at the Annual Eating Disorders Research Society Meeting, Boston, MA.
10. Tassi, C., **Billman, M.**, Essayli, J., & Roden, R. (2023). *Transgender youths' perception of safety at school and at home*. Poster presentation at the North American Society for Pediatric and Adolescent Gynecology's Annual Clinical & Research Meeting, Nashville, TN.
9. **Billman, M.**, Forrest, L. N., & Essayli, J. H. (2022). *Impact of psychiatric comorbidity, childhood adversities, and suicidality on eating disorder symptomatology in adults with anorexia nervosa and atypical anorexia nervosa*. Poster presentation at the Association for Behavioral and Cognitive Therapies Convention, New York, New York.
8. Thomas, J., Essayli, J., **Billman, M.**, Friedberg, R.D., & Cordova, M. (2022). *Perceptions and satisfaction with teletherapy among individuals with an eating disorder*. Poster presentation at the American Academy of Child & Adolescent Psychiatry Annual Meeting, Toronto, ONT, Canada.
7. Francesco, A., **Billman, M.**, Essayli, J., & Roden, R. (2022). *Self-perceptions, body image, and experienced gender in Pennsylvania adolescents and young adults with gender dysphoria*. Poster presentation at the World Professional Association for Transgender Health Scientific Symposium, Montreal, QC, Canada.
6. **Billman, M.**, Forrest, L. N., & Essayli, J. H. (2022). *Autonomous motivation and other variables as predictors of eating disorder symptomatology in an adult partial hospitalization program*. Virtual poster presentation at the International Conference on Eating Disorders.
5. Roden, R. C., **Billman, M.**, Lane-Loney, S. Essayli, J. H., Mahr, F., Vrana, K., & Ryan, S. (2022). *A double-blind placebo-controlled evaluation of effectiveness of oral naltrexone in the management of adolescent eating disorders*. Poster presentation at the Junior Faculty Development Program Poster Event-Penn State College of Medicine, Hershey, PA.
4. **Billman, M.**, Essayli, J. H., & Lane-Loney, S. E. (2021). *Differential responses on the Fear of Food Measure amongst adolescents with eating disorders*. Poster presentation at the Association for Behavioral and Cognitive Therapies Convention, Virtual.
3. **Billman, M.**, Taverna, E., & Marshall, A. (2020). *Childhood traumatic experiences of Penn State undergraduates*. Poster presentation at the 2020 Penn State Undergraduate Exhibition, Virtual.
2. **Billman, M.**, Stoop, T., & Brunson, J. (2019). *Emotional connection with intimate partners after childhood sexual abuse*. Poster presentation at the 2019 Psi Chi Undergraduate Research Conference, University Park, PA.
1. **Billman, M.** & Hipkiss, E. (2018). *Forgetting to remember: Living with early-onset Alzheimer's*. Poster presentation at the 2018 Penn State Mont Alto Academic Festival, Mont Alto, PA.

RESEARCH EXPERIENCE

Graduate Research Assistant

August 2023-Present

Appearance Concerns, Eating, Prevention & Treatment Lab

Supervisor: Tiffany A. Brown, PhD

- Administer structured and semi-structured clinical interviews, including the Structured Clinical Interview for DSM-5 (SCID-5-RV) and the Eating Pathology Symptoms Inventory – Clinician Rated Version (EPSI-CRV)
- Assist with group facilitation trainings for The Body Project: More than Muscles
- Facilitate recruitment and participant compensation using Prolific Academic
- Program and organize measurement tools for ongoing studies using Qualtrics
- Served as project investigator for a study examining psychosocial implications of experiencing food insecurity on a rural sample of adults in the southeastern U.S., which included drafting and submitting IRB materials, programming data collection tools, facilitating electronic study recruitment, cleaning and analyzing data, and drafting a manuscript disseminating findings
- Supervised two undergraduate research assistants on data collection and study management of study as project investigator
- Assist with guided group activities targeting negative body talk at AU Brain Camp for high school students

Graduate Research Assistant

August 2023-Present

Research on Eating Disorders and Suicide Lab

Supervisor: April R. Smith, PhD

- Conduct suicide risk assessment for individuals at risk for suicide under the supervision of a licensed clinical psychologist
- Train research assistants on tactical procedures for the Reconnecting to Internal Sensations and Experiences (RISE) Study, including use of algometer to assess pain tolerance and administration of the Suicide Implicit Associations Task
- Supervised research coordinator on independent project focused on the impact of eating pathology and interoception on excessive exercise

Clinical Research Coordinator

September 2020-July 2023

Division of Adolescent Medicine, Penn State College of Medicine

Supervisors: Jamal Essayli, PhD, Lauren Forrest, PhD, Fauzia Mahr, MD, Claire Roden, MD, Susan Lane-Loney, PhD

- Coordinated seven on-going research studies under five principal investigators, including development of protocols, IRB submission, study recruitment and preparation, administration of study procedures, data analysis and interpretation, and manuscript preparation
- Managed and kept record of study budgets, billing, purchase orders, and participant payments for six studies under three principal investigators
- Administered structured and semi-structured clinical interviews, including the SCID-5-RV, the Columbia-Suicide Severity Rating Scale, and the Ask Suicide-Screening Questions (ASQ) Toolkit to assess for lifetime psychiatric diagnoses, history of suicidal thoughts and behaviors, and current risk for suicidal behaviors
- Administered and scored several neuropsychological assessments, including the WASI-II, WISC-V, D-KEFS, Leiter-3, Rey-Osterrieth Complex Figure Test and Recognition Test, RAIT, BRIEF-II, and BASC-III
- Managed 27 undergraduate research assistants and oversaw completion of various tasks, including the creation of three new research databases and the maintenance of 5 existing databases
- Used SPSS to track and analyze data (e.g., descriptive statistics, independent and paired-samples *t*-tests, chi square tests, ANOVA, hierarchical linear regression)
- Use NVivo to code and analyze qualitative data
- Programmed a joystick approach-avoidance task focused on fear avoidance in restrictive eating disorders using Inquisit 5 programming software for the Fear in Eating Disorders Pilot Study
- Assisted with FDA protocol development, designed measurement tools and regulatory binder in REDCap, consented and enrolled participants, and assisted with participant tracking and study monitoring in the Oral Naltrexone in Pediatric Eating Disorders clinical trial ‘

- Administered and scored psychological self-report measures (ED-15, FOFM, FAFS, Extensive Food Hierarchy, CIA, Spielberg Anxiety, SCARED)
- Programmed and modified 6 surveys and 3 project databases in REDCap
- Supervised the creation of a lab website

Research Assistant

October 2019-September 2020

Brairecrest Eating Disorders Clinic at Penn State Health

Supervisor: Jamal Essayli, PhD

- Administered and scored psychological self-report measures (ED-15, FOFM, FAFS, Extensive Food Hierarchy, CIA, Spielberg Anxiety, SCARED)
- Scored psychological assessment measures (CDI-2, RCMAS-2, GAD-7, PHQ-9, EDE-Q, ChEAT, NIAS) and entered into clinical databases
- Programmed measurement tools in REDCap, organized and exported data
- Assisted with literature review and protocol development for a pilot study assessing the impact of food expectancy on fear response in restrictive eating disorders

Lab Manager

August 2018-May 2020

Relationships and Stress Research Lab, The Pennsylvania State University

Lab Director: Amy Marshall, PhD

- Recruited and scheduled approximately 50 low-income couple participants for phone interviews, conducted informed consent calls, and managed study materials for the Children, Intimate Relationships, and Conflictual Life Events (CIRCLE) II study
- Wrote and edited syntax files using SPSS
- Managed and submitted IRB modifications for multiple studies
- Programmed and organized measurement tools for ongoing studies using Qualtrics
- Segmented audio files of clinical interviews of clients with PTSD and their spouses for pitch analysis of heightened vocally-encoded peaks of arousal using Audacity vocal processing software

CLINICAL EXPERIENCE

*Intervention***Psychiatric Technician, Level II**

May 2018-October 2021

Merakey Community Residential Rehabilitation Program, Carlisle, PA

- Provided individual support to adults with psychotic disorders, mood disorders, and Cluster B personality disorders in an independent living facility
- Helped facilitate group sessions using Dialectal Behavioral Therapy techniques

Certified Sexual and Domestic Violence Counselor/Advocate

May 2019-August 2020

Centre Safe, State College, PA

- Responded to 24-hour crisis hotline calls and assisted clients in creating effective and safe solutions to crises regarding domestic violence, sexual assault, and stalking
- Responded to sexual assault victim's medical evaluations at Mount Nittany Medical Center

Intern

May 2019-February 2020

Ayama Psychotherapy, Lemont, PA

Supervisor: Alissa Yamasaki, PhD

- Assisted with scoring neuropsychological assessments (WAIS-IV, D-KESF Trail Making, WSM-IV)

Mental Health Technician-Stabilization Unit

April 2019-September 2019

The Meadows Psychiatric Center, Centre Hall, PA

- Assisted patients age 16 and older on the stabilization unit of an acute-care inpatient psychiatric facility
- Conducted group therapy sessions twice daily focused on goal setting, thought processes, coping mechanisms, self-care, self-reflection, and mindfulness

Assessment

Clinical Assessor

August 2023-Present

Appearance Concerns, Eating, Prevention & Treatment Lab, Auburn, AL

Supervisor: Tiffany A. Brown, PhD

- Conducting diagnostic assessments for a cognitive dissonance peer-based intervention for males who are dissatisfied with their bodies
- Administer structured and semi-structured clinical interviews, including the Structured Clinical Interview for DSM-5 (SCID-5-RV) and the Eating Pathology Symptoms Inventory – Clinician Rated Version (EPSI-CRV)
- Attended weekly supervision and consensus meetings

CLINICAL TRAININGS

Cultural Competency for Behavioral Health Professionals

November 2023

Developed and led by U.S. Department of Health & Human Services

Certified Sexual and Domestic Violence Counselor/Advocate Training

May 2019-August 2020

80-hour training through Centre Safe, Pennsylvania Coalition Against Domestic Violence (PCADV), & Pennsylvania Coalition to Advance Respect (PCAR)

Certified Family Recovery Specialist Training Program

August 2019-December 2019

78-hour training through Pennsylvania Certification Board

QPR Suicide Prevention Training

September 2019

2-hour training led by QPR Institute on recognizing and responding to suicidal ideation

TEACHING & MENTORSHIP

Teaching Assistant, Auburn University

August 2023-August 2024

Introduction to Developmental Psychology, Instructor: Elizabeth Brestan-Knight, PhD

Psychological Trauma and Resilience, Instructor: Emma Lathan-Powell, PhD

Drugs and Behavior, Instructor: Richard Macatee, PhD

Introduction to Psychopathology, Instructor: Richard Macatee, PhD

Introduction to Psychopathology, Instructor: Ashley Norwood-Strickland, PhD

Guest Lecturer, Auburn University PSYC 3120

June 2024

- Invited to lecture on risk and maintenance factors of depression in children and adolescents, as well as discuss resources and steps to take with pediatric clients who express suicidal ideation

Guest Lecturer, Auburn University PSYC 3970

November 2023 & January 2024

- Invited to lecture on correlations between eating pathology and trauma to a senior seminar of undergraduates studying psychology at Auburn University

Vice President, Penn State University Park Chapter of Psi Chi

April 2019-May 2020

- Organized and facilitated several large group events (senior roundtable, a virtual graduate student panel, a Q&A session about the general and psychology subject GREs)
- Coordinated the 2020 Psi Chi Undergraduate Research Conference
- Assisted in organizing the peer advising program and the peer tutoring program under the Penn State Psychology Advising Office

Peer Advisor, Penn State Psychology Advising Office January 2020-March 2020

- Assisted advising office with add/drop period of scheduling and overflow traffic from walk-in hours

Academic Mentor/Tutor, Penn State WorkLink Program September 2019-December 2019

- Worked with a student weekly on academic achievement and social progression through WorkLink, a program designed to help students with intellectual disabilities adjust to postsecondary education

Peer Mentor, Penn State Mont Alto Jumpstart Program January 2017-May 2018

- Worked one-on-one with two students who were high-risk of low academic achievement throughout the year and checked regularly on their academic achievement and social progression

SERVICE

Ad Hoc Reviewer December 2023-Present

International Journal of Eating Disorders (Co-review with major professor)

Eating Disorders- Journal of Treatment and Prevention (Co-review with major professor)

Journal of Clinical Psychology (Co-review with major professor)

Committee Member, Scholars Committed to Opportunities in Psychological Education (SCOPE) September 2023-Present

- Verified contact information for schools participating in SCOPE, a day-long workshop for underrepresented students hoping to pursue graduate studies in psychology
- Served as a peer mentor to two students who participated in SCOPE
- Provided references and examples for graduate school application materials
- Provided support and supervision to mentee research project, which was presented at the 2024 Southeastern Psychological Association 70th Annual Meeting

Opportunities Manager, ABCT Student SIG Executive Committee July 2023-Present

- Organized programming for 2024 Student Research Symposium
- Co-facilitated and moderated sessions for 2024 Student Research Symposium
- Created marketing materials for events (e.g., Student Coffee Hour, Student Social at Annual Convention, Student Research Symposium, etc.)
- Served as abstract reviewer for submissions to ABCT Annual Convention SIG Poster Session

Committee Member, National Eating Disorders Association Walk August 2019-March 2020

- Assisted with organizing programming and creating marketing for the 2020 NEDA Awareness Walk in State College, PA (later cancelled due to onset of COVID-19 pandemic)

Assistant Conference Coordinator, Psi Chi Undergraduate Research Conference January 2019-April 2019

- Organized programming for the 2019 Psi Chi Undergraduate Research Conference

INVITED TALKS & MEDIA INTERVIEWS

- Featured Graduate Student, Auburn University College of Liberal Arts** May 2024
- Featured in article in *Perspectives*, the digital Auburn University College of Liberal Arts magazine, titled “Customized care: Auburn University body image research sets new standard for person-centered treatment.” <https://cla.auburn.edu/news/articles/body-image-research-to-practice/>
- Guest Speaker, Auburn University Psi Chi Psychology Honor Society** March 2024
- Invited to speak about body image and maladaptive eating habits in food-insecure populations
- Alumni Panelist, Penn State Psi Chi Women in Psychology Panel** March 2023
- Invited to speak about post-baccalaureate research to a group of undergraduates studying psychology at Pennsylvania State University
- Alumni Panelist, Penn State College of Liberal Arts Alumni Panel** May 2022
- Invited to speak about role as a clinical research coordinator and time as a student at Penn State to a group of prospective and newly accepted students
- Distinguished Alumni Guest Speaker, Penn State Mont Alto Fall Open House** October 2018
- Invited to speak about experience as a student at Penn State Mont Alto and transitioning to a different Penn State Campus to a group of potential new students

STATISTICAL TRAININGS & WORKSHOPS

- Introduction to Multi-Level Modeling** May 2024
- 2-hour instructional workshop led by Jason Rights, PhD, sponsored by the Association for Psychological Sciences

PROFESSIONAL AFFILIATIONS

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| Association for Psychological Science | January 2024-Present |
| Academy of Eating Disorders | March 2022-Present |
| Association for Behavioral and Cognitive Therapies | October 2021-Present |
| Psi Chi, International Honor Society in Psychology | September 2018-Present |