**Rachel Frietchen, B.S.**(she/her)
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| **EDUCATION** |
| **Auburn University**Doctor of Philosophy in Clinical PsychologyCumulative GPA: 4.0Advisor: April Smith, Ph.D. | 2023 - Present |
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| **George Mason University** | 2017-2021 |
| Bachelor of Science in Psychology |  |
| Minors: Computational and Data Science, Data Analysis, Neuroscience |  |
| Cumulative GPA: 4.0Honors Thesis: Negative urgency as a moderator of the relationship of negative affect to impulsive behaviorsCommittee members: Sarah Fischer, Ph.D., June Tangney, Ph.D., and Linda Chrosniak, Ph.D. |

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| **HONORS AND AWARDS** |
| Department of Psychological Sciences’ Graduate Student Small Grant ($2000) | 2024 |
| Title: Proximal Risk and Protective Factors for Eating Disorders, Suicide, and Non-Suicidal Self-Injury in Transgender and Gender Nonconforming People: A Qualitative Investigation |
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| Graduate Student Travel Award ($1000) | 2023-2024 |
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| Clinical Research Enhancement Award ($500) | 2023 |
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| Outstanding Undergraduate Researcher for the Department of Psychology ($250) | 2021 |
| College of Humanities and Social Sciences Outstanding Student Honoree | 2021 |
| Honorable Mention for Outstanding Honors Thesis Award | 2021 |
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| Dean’s List  | 2017-2021 |

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| **PEER-REVIEWED PUBLICATIONS (n = 4)** |
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| 1. Almeida, M., Brown, T.A., Pereira Reis, Y., Henrique Rodrigues Almeida L., Billman Miller, M.G., Denmark, K., Castro Lebron J., **Frietchen, R.E.,** & Henrique Berbert de Carvalho, P. (2024). Factor structure and measurement invariance of the Body Appreciation Scale-2 among Brazilian gender-expansive individuals and transgender men. *Body Image: An International Journal of Research, 15,* 101724. <https://doi.org/10.1016/j.bodyim.2024.101724>
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| 1. Fischer, S., Wonderlich, J.A., Miller, L.A., Breithaupt, L., **Frietchen, R.E.,** Cao, L., Nelson, J.D., & Izquierdo, A.M. (2023). The association of alcohol use and positive urgency to same day objective binge eating in emerging adults. *Frontiers in Psychology, 14,* 2348. <https://doi.org/10.3389/fpsyg.2023.1152691>
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| 1. Kunicki, Z.J., **Frietchen, R.E.,** McGeary, J.E., Jiang, L., Duprey Pharm M.S., Bayer, T., Singh, M., Primack, J.M., Kelso, C.M., Wu, W., Rudolph, J.L., & Bozzay, M.L. (2023). Prevalence of comorbid depressive episodes and insomnia among veterans hospitalized for heart failure with Alzheimer disease and related disorders. *American Journal of Geriatric Psychiatry, 31*(6), 428-437, <https://doi.org/10.1016/j.jagp.2023.01.026>.
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| 1. Trojanowski, P.J., **Frietchen, R.E.,** Harvie, V., Mehlenbeck, R., & Fischer, S. (2022). Internet-delivered eating disorders prevention program for adolescent girls with Type 1 diabetes: Acceptable and feasible. *Pediatric Diabetes, 23*(7), 1122-1132, doi:10.1111/pedi.13395*.*
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| **PUBLICATIONS UNDER REVIEW (n = 6)** |
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| 1. **Frietchen, R.E.,** Kinkel-Ram, S.S., Stanley, T.B., Billman Miller, M.G., Bodell, L., & Smith, A.R. (under review). Longitudinal investigation of pain catastrophizing, pain intensity, and suicidal ideation in adults receiving residential treatment for an eating disorder.
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| 1. **Frietchen, R.E.,** Billman Miller, M.G., Denning, D.M., Smith, A.R., & Brown, T.A. (under review). Validation of the Multidimensional Assessment of Interoceptive Awareness Scale in a sample of transgender and gender non-conforming adults.
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| 1. **Frietchen, R.E.,** Kinkel-Ram, S.S., Elbasheir, A., McDermott, T.J., Fani, N., Powers Lott, A., & Lathan-Powell, E.C. (under review). Race-related stress, dissociation, and suicide risk in a community sample of Black Americans.
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| 1. Denning, D.M., **Frietchen, R.E.,** Whaley, M.C., Smith, A.R., & Brown, T.A. (under review). Examining the role of multiple minority stressors and resiliency in relation to suicide risk in sexual minority people of color.
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| 1. Nahid, R., Grunewald, W., **Frietchen, R.E.,** & Smith, A.R. (under review). Measurement invariance, sex differences, and convergent validity of the Farsi version of the Interpersonal Needs Questionnaire-15 and Acquired Capability with Rehearsal for Suicide Scale.
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| 1. Billman Miller, M.G., Gioia, A.N., **Frietchen, R.E.,** Grunewald, W. Bodell, L., & Smith, A.R. (under review). Meaningful associations between motivation for treatment and interpersonal needs within a residential sample of people with eating disorders.
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| **PUBLICATIONS IN PREPARATION (n = 3)** |
| 1. **Frietchen, R.E.,** Hughes, C.D., Schatten, H.T., & Armey, M.F. (in preparation). A psychometric evaluation of the long and short versions of the Difficulties in Emotion Regulation Scale within three psychiatric samples.
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| 1. Wonderlich, J.A.\*, **Frietchen, R\*.,** Breithaupt, L., Izquierdo, A.M., & Fischer, S. (in preparation). Negative urgency as a moderator of the relationship of negative affect and dysregulated behaviors.

\*First co-authors |
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| 1. **Frietchen, R.E.,** Collins, A.C., Nemesure, M., Jacobson, N. & Smith, A.R. (in preparation). Time-varying associations between hopelessness, agitation, shape/weight concerns, interoception, dietary restraint, and suicidal ideation in a military sample.
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| **ORAL RESEARCH PRESENTATIONS (n = 9)** |
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| 1. Almeida, M. Henrique Berbert de Carvalho, P., Smith, A.R., Billman Miller, M.G., Denmark, K., Castro Lebron, J., **Frietchen, R.E.**, & Brown, T.A. (2024, August). *Psychometric properties and measurement invariance of the Self-Objectification Beliefs and Behaviors Scale among Brazilian transgender men and gender-expansive individuals.* Oral presentation accepted to the 2024 National LGBTQ Health Conference, Atlanta, Georgia.
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| 1. Almeida, M., Henrique Berbert de Carvalho, P. Smith, A.R., Billman Miller, M.G., Denmark K., Castro Lebron, J., **Frietchen, R.E.,** & Brown, T.A. (2024, May). *Comparing the prevalence of muscle dysmorphia symptoms between American and Brazilian men: A cross-cultural study.* Data blitz accepted to the 2nd Annual Student Research Symposium, online.
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| 1. **Frietchen, R.E.,** Kinkel-Ram, S.S., Stanley, T.B., Billman Miller, M.G., Bodell, L., & Smith, A.R. (2024, April). A multi-level investigation of pain catastrophizing, pain intensity, and suicidal ideation in adults seeking residential treatment for an eating disorder. In **R Frietchen (chair),** *Risk for Suicide and Non-Suicidal Self-Injury in Eating Disorders: Evidence and Implications.* Symposium presented at the 3rd Annual Suicide Research Symposium, online.
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| 1. Billman Miller, M.G., Gioia, A., **Frietchen, R.E.,** Grunewald W., Bodell, L., & Smith, A.R. (2024, April). Meaningful associations between motivation for treatment and

interpersonal needs within people with eating disorders. In **R Frietchen (chair),** *Risk for Suicide and Non-Suicidal Self-Injury in Eating Disorders: Evidence and Implications.* Symposium presented at the 3rd Annual Suicide Research Symposium, online. |
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| 1. **Frietchen, R.E.,** Kinkel-Ram, S.S., Fani, N., Powers, A., & Lathan-Powell E.C. (2024, March). *Race-related stress, dissociation, and suicide risk in a community sample of Black Americans.* Oral presentation presented at the 2024 Auburn Student Research Symposium, Auburn, Alabama.
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| 1. Izquierdo, A.M., Wonderlich, J., Breithaupt, L., **Frietchen, R.E.,** & Fischer, S. (2023, June). *Examining the temporal relationship of nonsuicidal self-injury and binge eating behavior and the role of negative urgency.* Paper presented at the 2023 International Conference on Eating Disorders, Washington, D.C.
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| 1. Bozzay, M.L., Kunicki, Z.J., **Frietchen, R.E.,** Mason, G., Alboukrek, D., & Armey, M.F. (2023, September). How are sleep/wake cycles and suicide risk related over time? Examining the role of chronotype among patients at high-risk for suicide. In S Sperry (discussant), *Sleep and Circadian Dysregulation in Mood Disorders and Suicide.* Symposium presented at the annual meeting of the Society for Research in Psychopathology, St. Louis, Missouri.
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| 1. **Frietchen, R.E.,** Kimble, S.K., Mason, G.E., & Alboukrek, D. (2023, June). *The interaction between interoception and self-criticism on NSSI and disordered eating.* Data blitz presented at the Association for Behavioral and Cognitive Therapies 1st Annual Student Research Symposium, online.
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| 1. **Frietchen, R.E.,** Rogers, M., Bozzay, M.L., & Armey, M.F. (2022, October). *Differentiating suicide risk based on hopelessness during stress.* Paper proposal presented at the Brown University Department of Psychiatry and Human Behavior RA Research Day, Providence, Rhode Island.
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| **INVITED TALKS (n = 3)** |
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| 1. Crichlow, Q., Reinder, A., Kim, S., & **Frietchen, R.E.** (2024, February). *Student panel: Equity, diversity, and inclusion in Alabama.* 2024 Alabama Psychological Association Mid-Winter Conference, Montgomery, Alabama.
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| 1. **Frietchen, R.E.** (2023, November). *Borderline personality disorder assessment in LGBTQ+ people: Considering clinician bias, assessment bias, and minority stress.* Psi Chi International Honor Society, Auburn Chapter.
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| 1. Clancy, O., Everett, J., **Frietchen, R.E.,** Maggio, M., McConaha, C., Rankine, D., Shand, N., Waddy, K., Washington, L., Watson, C. & White, J. (2023, October). *Graduate student panel*. Psi Chi International Honor Society, Auburn Chapter.
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| **POSTER PRESENTATIONS (n = 21)** |
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| 1. Bozzay, M.L., Kunicki, Z.J., **Frietchen, R.E.,** Mason G.E., Alboukrek, D., Lynch. M.A., & Armey, M.F. (2024, August). *Sleep preferences and the timing of suicide risk over a 24-hour period: An intensive longitudinal assessment study.* Poster accepted to the 20th European Symposium on Suicide and Suicidal Behavior Conference, Rome, Italy.
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| 1. **Frietchen, R.E.,** Billman Miller, M.G., Denning, D.D. Smith, A.R., & Brown, T.A. (2024, May). *Psychometric evaluation of the Multi-Dimensional Assessment of Interoceptive Awareness-2 (MAIA-2) in a sample of transgender and gender nonconforming adults.* Poster presented at the Association for Psychological Science 34th Annual Convention, San Francisco, California.
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| 1. Billman Miller, M.G., Denning, D.D., **Frietchen, R.E.,** Smith, A.R., & Brown, T.A. (2024, May). *Validation of the Multidimensional Assessment of Interoceptive Awareness (MAIA-2) in a sample of sexual minority adults.* Poster presented at the Association for Psychological Science 34th Annual Convention, San Francisco, California.
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| 1. Almeida, M., Brown, T.A., Pereira Reis, Y., Henrique Rodrigues Almeida, L., Billman Miller, M.G., Denmark, K., Castro Lebron, J., **Frietchen, R.E.,** Henrique Berbert de Carvalho, P. (2024, May). *Psychometric properties and measurement invariance of the Body Appreciation Scale-2 among Brazilian transgender and gender expansive men.* Poster presented at the Association for Psychological Science 34th Annual Convention, San Francisco, California.
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| 1. **Frietchen, R.E.,** Kimble, S.K., Mason, G.E., Hughes, C.D., Bozzay, M.L., Schatten, H.T., & Armey, M.F. (2023, November). *The relationship between alexithymia and help-seeking behavior in a psychiatric sample.* Poster presented at the Association for Behavioral and Cognitive Therapies 57th Annual Convention, Seattle, Washington.
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| 1. Mason, G.E., **Frietchen, R.E.,** Kimble, S.K., Hughes, C.D., Bozzay, M.L., Schatten, H.T., & Armey, M.F. (2023, November). *Improving suicide assessment: Non-traditional administration of the Columbia-Suicide Severity Rating Scale.* Poster presented at the Association for Behavioral and Cognitive Therapies 57th Annual Convention, Seattle, Washington.
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| 1. Kimble, S.K., Mason, G.E., **Frietchen, R.E.,** Hughes, C.D., Bozzay, M.L., Schatten, H.T., & Armey, M.F. (2023 November). *Exploring the moderating effects of perceived social support and hopelessness on suicidal ideation among psychiatric inpatients.* Poster presented at the Association for Behavioral and Cognitive Therapist 57th Annual Convention, Seattle, Washington.
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| 1. **Frietchen, R.E.,** Kimble, S.K., Alboukrek, D., Mason, G.E., Hughes, C.D., Bozzay, M.L., Schatten, H.T., & Armey, M.F. (2023, August). *Does the dysfunctional attitude scale differentiate those who do and do not act on NSSI urges?* Poster presented at the American Psychological Association 130th Annual Convention, Washington DC.
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| 1. Mason, G.E., **Frietchen, R.E.,** Kimble, S.K., Alboukrek, D., Hughes, C.D., Bozzay, M.L., Schatten, H.T., & Armey, M.F. (2023, August). *Profiles of suicidal ideation and changes after hospitalization: A latent transition analysis.* Poster presented at the American Psychological Association 130th Annual Convention, Washington DC.
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| 1. Alboukrek, D., Mason, G.E., **Frietchen, R.E.,** Kimble, S.K., Hughes, C.D., Bozzay, M.L., Schatten, H.T. & Armey, M.F. (2023, August). *Do methods matter? Nonsuicidal self-injury in the form of cutting is not uniquely associated with acquired capability for suicide in psychiatric inpatients.* Poster presented at the American Psychological Association 130th Annual Convention, Washington DC.
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| 1. Kimble, S.K., Alboukrek, D., Mason, G.E., **Frietchen, R.E.,** Hughes, C.D., Bozzay, M.L., Schatten, H.T., & Armey, M.F. (2023, August). *Investigating the relationship between self-efficacy and suicide severity among LGBTQ+ inpatients.* Poster presented at the American Psychological Association 130th Annual Convention, Washington DC.
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| 1. **Frietchen, R.E.,** Rogers, M.L., Bozzay, M.L., & Armey, M.F. (2023, May). *Emotion dysregulation and suicide risk based on profiles of hopelessness during stress: A moderated network analysis.* Poster presented at the Association for Psychological Science 33rd Annual Convention, Washington DC.
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| 1. Hoelscher, E.C., **Frietchen, R.E.,** & Victor, S.E. (2023, May). *Examining emotion differentiation deficits as a proximal predictor for non-suicidal self-injury.* Poster presented at the Association for Psychological Science 33rd Annual Convention, Washington DC.
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| 1. **Frietchen, R.E.,** Mason, G., Kimble, S., Alboukrek, D., Hughes, C.D., Bozzay, M.L., Schatten, H.T. & Armey, M.F. (2022, April). *The relationship between EMA compliance and suicidal thoughts and behaviors throughout EMA.* Poster presented at the 2nd Annual Suicide Research Symposium, online.
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| 1. Kimble, S., Alboukrek, D., **Frietchen, R.E.,** Mason, G., Hughes, C.D., Bozzay, M.L., Schatten, H.T., & Armey, M.F. (2022, April). *Exploring the relationship between interpersonal needs and reasons for engaging in non-suicidal self-injury in a psychiatric inpatient population.* Poster presented at the 2nd Annual Suicide Research Symposium, online.
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| 1. Mason, G., Kimble, S., Alboukrek, D., **Frietchen, R.E.,** Hughes, C.D., Bozzay, M.L., Schatten, H.T., & Armey, M.F. (2022, April). *Capability for suicide: A comparison of passive and active suicide attempts.* Poster presented at the 2nd Annual Suicide Research Symposium, online.
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| 1. Bozzay, M.L., **Frietchen, R.E.,** Quinlan, L., Verona, E. & Armey, M.F. (2022, November). *How are sleep and suicidal behavior related? Using psychophysiology to examine cognitive processes across the spectrum of suicide risk in community and inpatient sample.* Poster presented at the Suicide and Self-Injury Special Interest Group at the Association for Behavioral and Cognitive Therapies 56th Annual Convention, New York City, New York.
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| 1. **Frietchen, R.E.,** Quinlan, L.V., Hoelscher, E.C., Armey, M., Bozzay, M., & Schatten, H. (2022, June). *The interaction between emotion dysregulation and past attempt frequencies as a predictor of unstable suicidal ideation across eight weeks in a psychiatric sample.* Poster presented at the 1st Annual Suicide Research Symposium, online.
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| 1. **Frietchen, R.E.,** Quinlan, L., Schatten, H., Bozzay, M., & Armey, M. (2022, May). *Predicting non-suicidal self-injury: Examining the interplay between rumination and impulsivity in two psychiatric samples.* Poster presented at the Association for Psychological Science 32nd Annual Convention, Chicago, Illinois.
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| 1. Hoelscher, E.C., **Frietchen, R.E.,** Wittler, E.M., Quinlan, L.V., Fydenkevez, M., Hughes, C., Armey, M., & Schatten, H. (2022, May). *Examining links between alexithymia, emotion differentiation, and suicide risk.* Poster presented at the Association for Psychological Science 32nd Annual Convention, Chicago, Illinois.
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| 1. **Frietchen, R.E.,** Wonderlich, J.A., & Fischer, S. (2021, May). *Negative urgency as a moderator of the relationship of negative affect to impulsive behaviors*. Poster presented at the 10th Annual Undergraduate Research Symposium, online.
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| **EDITORIAL EXPERIENCE** |
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| Ad hoc reviewer for: *International Journal of Eating Disorders (N = 2)\*, Suicide and Life-Threatening Behavior (N = 3)\*, Eating Disorders: The Journal of Treatment and Prevention (N = 3)\*, Journal of Psychopathology and Clinical Science (N = 1)\*, Appetite (N = 1)\*, Prevention Science (N = 1)\*, Journal of Affective Disorders (N = 1)\*, Journal of Military Social Work and Behavioral Health Services (N = 1)\*, Journal of Clinical and Social Psychology (N = 1), American Psychological Association Division 44 – Society for the Psychology of Sexual Orientation and Gender Diversity*\*Co-reviewer with April Smith, Ph.D. |

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| **RESEARCH EXPERIENCE** |
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| **Graduate Research Assistant** | August 2023 – August 2024 |
| Research on Eating Disorders and Suicidality Lab, Auburn University, Auburn, ALPrincipal Investigator: April Smith, Ph.D.*Longitudinal Personalized Dynamics Among Anorexia Nervosa Symptoms, Core Dimensions, and Physiology Predicting Suicide Risk (R01MH131633-01A1)* * Administered semi-structured clinical interviews, including the Self-Injurious Thoughts and Behaviors Interview (SITBI), the Structured Clinical Interview for DSM-5R (SCID-5R), the Mini International Neuropsychiatric Interview (MINI), and the Eating Disorders Diagnostic Inventory, with participants with Anorexia Nervosa or Atypical Anorexia Nervosa and comorbid suicidality
* Administer and document suicide risk assessments under the supervision of a licensed clinical psychologist
* Assist with the study decision-making process (e.g., which ecological momentary assessment platform to use, which psychophysiological monitoring device to use, which EMA items to use for the study) across multi-site collaborators
* Create R scripts to calculate inter-rater reliability for the SITBI, the SCID-5R, and the MINI

*Pilot of Reconnecting to Internal Sensations and Experiences in College Students** Develop R scripts to streamline data management and determine study eligibility (i.e., suicidal ideation or low interoception scores) based on pre-screener measures
* Administer and document suicide risk assessments under supervision of a licensed clinical psychologist
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| **Research Assistant** | June 2021-July 2023 |
| The Psychosocial Research Program, Butler Hospital & Brown University, Providence, RIDirector: Ivan Miller, Ph.D.Principal Investigators: Michael Armey, Ph.D. & Melanie Bozzay, Ph.D.*Dynamic Impacts of Sleep Disruption on Ecologically Assessed Affective, Behavioral, and Cognitive Risk Factors for Suicide (R01MH124832-01)** Recruited/consented adult participants with current suicidal ideation on inpatient hospital units
* Administered structured and semi-structured clinical interviews, such as the Columbia-Suicide Severity Rating Scale, the Modified Scale for Suicidal Ideation, the SITBI, the SCID-5R, and the Sleep Disorder Screener, to assess for history of suicidal thoughts and behaviors as well as mental health symptoms associated with suicide risk
* Administered all study procedures, including collecting participants’ deidentified social media and text message data, entering/troubleshooting ecological momentary assessment (EMA) protocol through mEMA, and accurately placing/troubleshooting electroencephalography (EEG) cap, facial and EEG electrodes, and psychophysiological equipment
* Programed data comparison and reformatting tasks in R to improve lab efficiency
* Administered and documented suicide risk assessments under supervision of a licensed clinical psychologist
* Submitted continuing review documents, amendments, and adverse events to the IRB
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| **Undergraduate Research Assistant**,  | May 2018 – November 2021 |
| The Impulse Research Lab, George Mason University, Fairfax, VAPrincipal Investigator: Sarah Fischer Nowaczyk, Ph.D.*Changes in Decision Making and Substance Use Outcomes: An Integration of fMRI and EMA* * Conducted phone screen to ensure undergraduate participant eligibility
* Administered informed consent
* Initiated software for tasks presented during fMRI scan and behavioral tasks on the computer
* Enrolled adult participants in ten days of EMA through ReTaine
* Maintained email correspondence with participants regarding EMA completion rate and paid participants upon completion of the study
* Trained undergraduate research assistants on conducting phone screens

*Adapting a Cognitive Dissonance-Based Eating Disorders Prevention Program for Adolescents with Type 1 Diabetes* * Administered informed assent/consent with teens and parents
* Monitored treatment fidelity during intervention sessions
* Monitored and sent reminder emails to both parents and teens for session attendance, completion of assigned exercises, and completion of longitudinal surveys
* Programmed questionnaires into Qualtrics
* Trained research assistants on informed consent for parents and teens

*Self-Harm and Eating Behaviors in a College Sample: An EMA Approach** Reviewed responses to study screener to ensure college student participants endorsed lifetime NSSI history
* Enrolled participants in EMA protocol and reviewed the definitions for assessed constructs
* Monitored EMA completion rate for each participant and sent reminders to complete the prompts

*Exploring Neurobiological Components of Dissonance* * Conducted over-the-phone informed consent and enrolled participants in EMA
* Created weekly SONA systems timeslots for the study screener
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| **Undergraduate Research Assistant** | August 2019 – May 2021 |
| The Human Emotions Research Lab, George Mason University, Fairfax, VAPrincipal Investigators: June Tangney, Ph.D. & Jeff Stuewig, Ph.D.*Using Values to Enhance Incarcerated Peoples’ Response to Substance Use and HIV Risk Feedback (R34DA042974)* * Recruited/consented participants currently incarcerated in a local jail
* Trained to administer structured clinical interviews with people incarcerated in local jail by utilizing validated psychological measures, such as the Kaufman Brief Intelligence Test and the reading ability section of the Wide Range Achievement Test
* Assisted in the training of clinical skills (such as summarizing, reflecting, normalizing, expressing gratitude, and setting clear boundaries) to undergraduate research assistants
* Performed data entry of verified questionnaire data through Epidata software
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| **Undergraduate Research Assistant**  | June 2020 – May 2021 |
| Social Skills, Imagination, and Theater Lab, George Mason University, Fairfax, VAPrincipal Investigator: Thalia Goldstein, Ph.D.* Cleaned demographic data and provided descriptive statistics for a longitudinal school sample of over 1,000 students
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| **CLINICAL EXPERIENCE** |
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| **Support Group Assistant**Sojourner’s House, virtualSupervisor: Caely Flynn, LCSW | May 2023 – July 2024 |
| * Co-facilitate weekly peer support groups for survivors of domestic violence, sexual assault, and/or sex trafficking under the supervision of a licensed clinical therapist
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| **Helpline Information and Referral Specialist** | January 2018 – June 2018 |
| National Alliance on Mental Illness, Arlington, VASupervisors: Jill Cochones, B.A., Irene Casey, MPH, & Cameron Hancock, B.A.* Provided appropriate referrals and services over the phone for various questions related to mental health issues, such as, but not limited to treatment areas, housing options, and legal aid
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| **TECHNICAL SKILLS** |
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| Proficiency in data analysis/programming in R, SPSS, MPlus, and Python |
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| Basic familiarity with data analysis/programming in Matlab |
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| Proficiency with HRV and EDA data cleaning with EMSE suite program and Ledalab |
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| Proficiency in EEG and psychophysiological data collection with Actiview |
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| Proficiency in creating, managing, and entering data into study databases in RedCap and Qualtrics |
| **MENTORSHIP, LEADERSHIP, AND SERVICE EXPERIENCE** |
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| **Graduate Research Assistant** | August 2023-August 2024 |
| Research on Eating Disorders and Suicidality Lab, Auburn University, Auburn, ALPrincipal Investigator: April Smith, Ph.D.* Create materials for and lead bi-weekly professional development discussions (e.g., applying to post-bac positions, career options in psychology, applying to graduate school, conference submissions) for undergraduate research assistants
* Train undergraduate research assistants in study procedures, including the Suicide Implicit Association Task and using an algometer to assess pain threshold
* Supervise 14 undergraduate research assistants working on four studies in the lab
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| **Graduate Student Engagement Subcommittee Chair**Auburn University Psychology DEI CommitteeDEI Committee Chair: Jonathan Kunstman, Ph.D. | October 2023-Present |
| * Host monthly social hours for under-represented students in the psychology, counseling, and human development and family science departments to foster community across programs
* Host monthly undergraduate ‘office hours’ to create a safe space for students to informally ask questions about future careers, graduate school, and other professional development questions
* Coordinate with financial and administrative staff to acquire funds for events
* Send monthly department calendars that highlight on-campus events and cultural holidays
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| **Graduate Student Representative**Auburn Clinical Psychology Graduate Program Council Director of Clinical Training (DCT): Tracy Witte, Ph.D. | August 2023-Present |
| * Meet monthly with other graduate program representatives and the DCT to provide feedback and advocate for cohort members related to various protocols for the program
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| **Peer Mentor** | April 2023-Present |
| Project Students for Higher Education Opportunities and Representation in Training (SHORT), onlineSupervisors: Marya Sabir, B.S. & Sierra Foshe, B.S.Next-Gen Psych Scholars Program (NPSP), onlineSupervisors: Meriah DeJoseph, M.A. & Kate Carosella, M.A.Psychin’ Out, onlineSupervisors: Mac Murphy, B.A., & Kat Rbeiz, B.S.Getting into Graduate School: Applying to Ph.D. Programs in Clinical Psychology, onlineSupervisors: Savannah Roberts, M.A., Rowan Hunt, M.A., Missy Dreier, M.A.* Meet virtually with mentees from under-represented backgrounds that are applying to psychology graduate programs to uncover the hidden curriculum of the application process
* Hold practice interviews and provide feedback on application materials, including personal statements, CVs, and diversity statements
* Engage in webinar discussions on grad school application topics (e.g., personal statements, interviewing)
* Draft and edit materials for the Project SHORT grad school resource guide
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| **Diversity, Equity, and Inclusion Committee Chair** | June 2021-July 2023 |
| Psychosocial Research Department, Butler Hospital & Brown University, Providence RISupervisor: Sarah Arias, Ph.D.* Create opportunities for engagement that were identified by fellow coworkers as areas of need, including a monthly DEI book/article club, volunteer opportunities in the community, and a Narcan/harm reduction training led by a non-profit organization centered around lived experience
* Drafted a mental health policy for the department to provide formal information about resources available for employees with mental health symptoms
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| **Research Assistant** | June 2021-July 2023 |
| Cognition, Emotion, and Life Experiences Lab, Butler Hospital & Brown University, Providence, RISupervisors: Michael Armey, Ph.D., Melanie Bozzay, Ph.D., & Heather Schatten, Ph.D.* Coordinate undergraduate volunteer program by training volunteers on tasks related to lab organization, data verification, and cleaning self-report, interview, and psychophysiological measures (e.g., heart rate variability, electrodermal activity)
* Supervise and meet biweekly with undergraduate lab members to provide mentorship and feedback on the volunteer responsibilities in the lab
* Train new post-baccalaureate research assistants on all study procedures
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| **PROFESSIONAL AFFILIATIONS** |
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| Association for Behavioral and Cognitive Therapies Suicide and Self-Injury Special Interest Group Eating Disorders and Eating Behaviors Special Interest Group Clinical Research Methods and Statistics Special Interest Group Sexual and Gender Minority Special Interest Group | 2022-Present |
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| Association for Psychological Science | 2022-Present |
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| American Psychological Association | 2021-Present |
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| Alabama Psychological Association | 2023-Present |
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| Psi Chi Psychology Honors Society | 2019-Present |

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| **ATTENDED WORKSHOPS, SEMINARS, AND TRAININGS** |
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| Spiritual Competency Training in Mental Health for Graduate StudentsHosted by the Spiritual and Religious Competencies Project | 2024 |
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| Students Calling Out Racism as a White Ally: Psychology Advocacy in ActionHosted by the Dialectical Engagement in Anti-Racism (DEAR) Project | 2024 |
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| Improving Cultural Competency for Behavioral Health ProfessionalsHosted by the U.S. Department of Health & Human Services | 2023 |