*Curriculum Vitae*

**Lauren E. Pictor, BA (she/her)**

Auburn University, REDS Lab

Clinical Psychology graduate student

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| **EDUCATION** |  |
| ***Indiana University,*** *Bloomington, Indiana* | 2018 - 2022 |
| **Bachelor of Arts** in Psychology with Honors, Highest Distinction  Clinical Psychological Science Certificate |  |
| **Bachelor of Arts** in English, Highest Distinction |  |
| **Overall GPA:** 4.00 |  |

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| **HONORS & AWARDS** |  |
| Psi Chi Regional Research Award ($400) | 2022 |
| Women’s Research Poster Competition ($75) |  |
| Margaret Banks James Scholarship ($1,000) | 2021 |
| Women’s Research Poster Competition ($200) |  |
| Barbara Markman Scholarship ($1,500) | 2020 |
| Paul E. and Mary F. Scholarship (1,000) | 2019 |
| Edward L. Hutton International Experiences Program Grant ($1,100) |  |
| Founders Scholar | 2018 - 2022 |

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| **PEER-REVIEWED PUBLICATIONS (*N*=2)** |
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| **Pictor, L. E.,** Laboe, A. A., Dillon, K., Frank, M., Gavuji, M., Krawczyk, A., & Schaumberg,  K. (2024). *A pilot randomized trial of the body advocacy movement: a novel, dissonance-based intervention designed to target fear of weight gain and anti-fat bias in young adults.* Eating Disorders, 1–20. https://doi.org/10.1080/10640266.2024.2332823*.* |
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| Kreynin, A., Meurer, T., **Pictor, L.,** Laboe, A. A., Gavuji, M., Fleege, S., ... & Schaumberg, K.  (2024). The Body Advocacy Movement-Health: a pilot randomized trial of a novel intervention targeting weight stigma among health professional students. *Journal of Eating Disorders*, *12*(1), 156. |

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| **MANUSCRIPTS UNDER REVIEW (*N*=1)** |
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| **Pictor, L.,** Joshi, M., Freiburger, E., & Diekman, A. (Under review in Sex Roles: A Journal of  Research). *Linking Structural and Psychological Adultification: Role Inferences Underlie Adultifying Beliefs about Black Girls.* |

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| **MANUSCRIPTS IN PREPARATION (*N*=2)** |
|  |
| Schaumberg, K., Gorrell, S., Crombie, K., **Pictor, L.,** Laboe, A., & Gavuji, M. (Stage 2 in  preparation). *Registered report: A pilot investigation of acute exercise response among girls and young women with and without eating disorders.* |
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| Laboe, A., **Pictor, L.,** Frank, M., Kreynin, A., Micali, N., & Schaumberg, K. (in preparation).  *A Longitudinal Investigation of Maladaptive Exercise Behaviors in Adolescents with Restrictive Eating Disorders.* |

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| **INVITED TALKS (*N*=2)** |
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| **Pictor, L.** & Laboe, A. (2024, March) *The Body Advocacy Movement (BAM)*. University  Health Services, University of Wisconsin-Madison. |
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| **Pictor, L.,** Yu, O., & Lynch, N. (2023, November) *Characterizing Acute Exercise Response in*  *Restrictive Eating Disorders.* Department of Psychiatry, University of California San Francisco. |

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| **INVITED BOOK CHAPTERS (*N*=2)** |
| Schaumberg, K., **Pictor, L.,** Frank, M., & Gorrell, S. Exercise in Eating  Disorders (In publication). In Steinglass, J., Wierenga, C. *Handbook of the Neurobiology of Eating Disorders.* |
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| Schaumberg, K., **Pictor, L.,** Frank, M. (2024). Adaptive and Maladaptive Exercise in Eating  Disorders. In: Current Topics in Behavioral Neurosciences. Springer, Berlin, Heidelberg. https://doi.org/10.1007/7854\_2024\_499 |

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| **CONFERENCE PAPER PRESENTATIONS (*N*=3)** |
| Schaumberg, K., **Pictor, L.,** Frank, M., Krawczyk, A., & Kreckler, S. *The Body Advocacy*  *Movement: A Novel Intervention to Reduce Fear of Weight Gain in Young Adults.* Paper presented at the Association for Behavioral and Cognitive Therapies (ABCT) 57th Annual Convention, Seattle, WA. |
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| **Pictor, L.,** Joshi, M., & Diekman, A. (2022, April). *The Color of Youth: Examining the*  *Adultification of Black Girls from a Social Role Theory Perspective.* Data blitz presented at the Midwestern Psychological Association (MPA), Chicago, IL. |
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| **Pictor, L**., Joshi, M., & Diekman, A. (2022, April). *Investigating the Moderation of the*  *Adultification Bias using Role Context.* Paper presented at the 2022 Hutton Honors Symposium, Bloomington, IN. |

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| **CONFERENCE POSTER PRESENTATIONS (*N*=11)** |
| **Pictor, L.,** Flesch, S., & Schaumberg, K. *Emotion Regulation in the Face of Compulsive*  *Exercise and Suicidal Ideation: Implications for Negative Affect during Aerobic Activity.* Poster to be presented at the Association for Behavioral and Cognitive Therapies (ABCT) 58th Annual Convention, Philadelphia, PA. |
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| Laboe, A., Gavuji, M., **Pictor, L.**, & Schaumberg, K. (2024, June) *Human-centered Design of*  *a Digital Adaptation of a Peer-led, Dissonance-based Intervention to Reduce Fatphobia and Anti-fat bias.* Poster presented at the Society for Digital Mental Health 2024 Annual Meeting, [Online](https://drive.google.com/file/d/1ZQGV_xyVeq7WlgDrlQDakMmrNdDDgHV_/view?usp=sharing). |
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| **Pictor, L.,** Xue, T., Frank, M., & Schaumberg, K. (2023, November) *Too Much of a Good*  *Thing? Investigating the Potential Link between Facets of Compulsive Exercise and Suicidal Behavior.* [Poster](https://drive.google.com/file/d/1svHgVtvoruWQwIFpckO9h8Ysfcj_zP6M/view?usp=sharing) presented at the Association for Behavioral and Cognitive Therapies (ABCT) 57th Annual Convention, Seattle, WA. |
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| Laboe, A., **Pictor, L.**, Kreynin, A., Frank, M., & Schaumberg, K. (2023, September) *A*  *Longitudinal Investigation of Maladaptive Exercise in Adolescents with Restrictive Eating.* [Poster](https://drive.google.com/file/d/1p3UmAMszAXVt00oYJp-kq-Jky_415Wt6/view?usp=sharing) presented at the Eating Disorders Research Society (EDRS) 29th Annual Meeting, Boston, MA. |
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| **Pictor, L.** & Schaumberg, K. (2023, September) *Exploring Dissonance-Based Interventions*  *and Gender Identity:Implications for Eating Disorder Risk Factors*. [Poster](https://drive.google.com/file/d/18GP0TzXUNJxCClGLzpDwXGE5ODeGxhkb/view?usp=sharing) presented at the EDRS 29th Annual Meeting, Boston, MA. |
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| **Pictor, L.,** Krawczyk, A., Xue, T., & Schaumberg, K. (2023, June) *Body Advocacy*  *Movement: A Novel, Brief Intervention to Reduce Internalized Fatphobia and Anti-Fat Bias*. [Poster](https://drive.google.com/file/d/1Q2eqKrmszLp4anIZVpdREhCAXnfiQ41z/view?usp=sharing) presented at the Academy for Eating Disorders ICED 2023 conference, Washington, DC. |
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| Frank, M., **Pictor, L.,** & Schaumberg, K. (2023, June). *Exercise Intensity in Response to*  *Prescribed Eating: Change in Heart Rate Among Young Women With Restrictive Eating Pathology*. [Poster](https://drive.google.com/file/d/1uY4OC-w-BiDEbOTrBgdp7OOolRf_ZI68/view?usp=sharing) presented at the Academy for Eating Disorders ICED 2023 conference, Washington, DC. |
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| Pham, S., Schaumberg, K., **Pictor, L.,** Frank, M., & Niemi, S. (2022, November). *A Pilot*  *Study on Driven Exercise: How Compulsive Exercise Presents in Young Women with and without Eating Disorders*. Poster presented at the 21st Annual Medical Student Research Forum, Madison, WI. |
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| **Pictor, L**., Joshi, M., & Diekman, A. (2022, April). *The Color of Youth: Examining the*  *Adultification of Black Girls from a Social Role Theory Perspective*.[Poster](https://drive.google.com/file/d/1BP6-r8gnwQTEjOntqDhUO4hG5P487NfD/view?usp=sharing) presented at Center of Excellence for Women & Technology’s 2022 Women’s Research Poster Competition, Bloomington, IN.   * + Poster won 2nd place in the Health and Behavioral Sciences category ($75) |
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| **Pictor, L**., (2021, May). *The Significance Between Diagnosis and Housing*. [Poster](https://drive.google.com/file/d/1aU_mmd1F2Nj0IEIudG_ckaw465cVGL0B/view?usp=sharing) presented  at Centerstone Research Institute, Bloomington, IN, Online. |
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| **Pictor, L**., Joshi, M., & Diekman, A. (2021, April). *How STEM Environments Influence*  *Perceived Opportunities to Help Others.*  [Poster](https://drive.google.com/file/d/1pQCCWeh9_BOuQKy_6AEgmRZQm0c-7V0h/view?usp=sharing) presented at Center of Excellence for Women & Technology’s 2021 Women’s Research Poster Competition, Bloomington, IN, Online.   * + Poster won 1st place in the Health & Behavioral Sciences category ($200) |

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| **RESEARCH EXPERIENCE** | |  |
| **Research Coordinator**  EMBARK Lab  *University of Wisconsin-Madison, Madison, WI*  Principal Investigator: Katherine Schaumberg, PhD | | June 2022 -June 2024 |
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| **R21 MH131787: Multimodal Assessment of Exercise and Eating Disorders (MAXED)**  Project Description: A pilot investigation of acute exercise response among girls and young women with and without eating disorders. | |  |
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| **Responsibilities:**   * + - Recruit, screen, schedule, and gather consent from participants     - Main point of contact for all interested and enrolled participants     - Administer intake assessment, including semi-structured diagnostic interviews (Diagnostic Interview for Anxiety, Mood, and Obsessive-compulsive and Neuropsychiatric Disorders [DIAMOND], Eating Disorder Examination [EDE], Mini Mental State Examination [MMSE])     - Coordinate and lead study visits involving physiological assessments, exercise testing, cognitive assessments, and self-report questionnaires       * Perform phlebotomy and blood processing at four different time points with each participant and lead phlebotomy training with undergraduate RAs     - Draft and amend Institutional Review Board (IRB) study protocols for the multi-site study     - Develop and manage the project’s data collection using REDCap     - Conduct data analysis using RStudio     - Develop recruitment materials such as flyers and postcards using Canva     - Track participant retention through the four timepoints of the study     - Supervise and train 13 undergraduate research assistants/medical students     - Lead weekly study coordination and recruitment meetings     - Aid research assistants with semester projects and organize their research materials/syllabus using Lab Archives | |  |
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| **Body Advocacy Movement (BAM)**  Project Description: A study of a dissonance-based program—adapted from the Body Project—that focuses on reducing anti-fat bias in college-aged individuals. | |  |
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| **Responsibilities:**   * + Train research assistants to peer facilitate sessions   + Manage the project’s REDCap, which consists of 16 measures including UMB-FAT, EDDS, and ED100K   + Collect and analyze data from over 200 participants using RStudio   + Contact interested participants in enrolling and follow up about completion of surveys at 3 separate time points   + Draft, amend IRB study protocols   + Track participant retention through the three study timepoints   + Create scoresheets and companions of measures to be uploaded to the project’s repository on the lab’s [GitHub](https://github.com/embark-lab) using RStudio | |  |
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| **Body Acceptance Movement in High Schools (BAM High)**  Project Description: An implementation of BAM within high schools to assess the effectiveness of the program when used by adolescents. | |  |
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| **Responsibilities:**   * + - Recruit high schools within the Madison area through applications and communication with school administration     - Train social workers and graduate students to facilitate discussions and workshops with adolescent populations     - Gather and distribute self-report questionnaires validated in adolescents and adapted from the original BAM project using REDCap     - Create recruitment tools like flyers and online advertisements using Canva     - Plan workshop itinerary for high schools     - Lead weekly coordination meetings     - Conduct the same IRB tasks as with the BAM project | |  |
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| **Research Assistant**  Social Roles Lab  *Indiana University, Bloomington, IN*  Principal Investigator: Amanda Diekman, PhD | 2020 - 2022 | |
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| **Honors Thesis: Linking Structural and Psychological Adultification**  Project Description: An assessment of the psychological and structural adultification of Black girls compared to their White counterparts using a social role theory. | |  |
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| **Responsibilities:**   * + Presented thesis multiple times throughout the year to peers, graduate students, and faculty   + Completed literature reviews to develop and shape project idea   + Created novel measures to investigate the research questions using images and adaptations of previously validated measures   + Collected stimuli from stock image photography websites and related publications   + Developed and publish 3 online study surveys using Qualtrics   + Recruited over 200 participants through Mechanical Turk and SONA   + Performed both descriptive and statistical analysis using Excel and SPSS | |  |
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| **Research Assistant Intern**  Centerstone Research Institute  *Centerstone, Bloomington, IN* | | 2021 |
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| **Responsibilities:**   * + - Reviewed Qlik analytic data to assess over 3,000 clients’ medical records and coordinate initial contact with appointment dates     - Communicated with over 100 clients to conduct National Outcomes Measures Survey (NOMS)     - Added collected data to the Substance Abuse and Mental Health Services Administration (SAMHSA) database     - Attended weekly meetings to discuss progress and future tasks     - Analyzed data and presented novel findings to supervisors to develop future outreach ideas | |  |

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| **WORK EXPERIENCE** |  |
| **Student Athletic Tutor**  D. Ames Shuel Academic Center  *Indiana University, Bloomington, IN* | 2019 - 2022 |
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| Job Description: Engaged in a peer-tutoring model in which I used knowledge from past courses to help student athletes excel in their classes. |  |
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| **Responsibilities:**   * Lead private and group tutoring sessions * Managed ~20 athletes’ class schedules at a time to ensure work was being completed by the due dates and assignments/exams were not being missed * Taught study habits and management skills alongside academic teachings |  |

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| **PROFESSIONAL AFFILIATIONS** |  |
| Association for Behavioral and Cognitive Therapies | 2023 - present |
| Academy for Eating Disorders | 2023 - present |
| Phi Beta Kappa | 2022 - present |
| Psi Chi, The International Honor Society in Psychology | 2021 - present |
| Midwestern Psychological Association (MPA) | 2021 - present |
| Society for Personality and Social Psychology | 2021 - present |

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| **LEADERSHIP AND VOLUNTEER** |  |
| **U Bring Change 2 Mind**  *Indiana University*   * Membership Director on the Executive Board | 2021 - 2022 |
| **Psychology Club at IU**  *Indiana University*   * Service Committee Member on the Executive Board from 2020-2021 | 2019 - 2022 |
| **Indiana Canine Assistance Network (ICAN)**  *Indiana University*   * Membership Committee Chair from 2019-2020 | 2019 - 2022 |