

26-item Painful and Provocative Events Scale–Revised

Please answer the following questions for any time in the past. For each question, select one answer.

	Never	Once	2–3 times	4–20 times	More than 20 times
1. Have you made yourself vomit?	0	1	2	3	4
2. Have you taken diet pills?	0	1	2	3	4
3. Have you gone eight or more hours while you were awake without eating?	0	1	2	3	4
4. Have you gone on a motorcycle?	0	1	2	3	4
5. Have you shot a gun?	0	1	2	3	4
6. Have you broken a bone?	0	1	2	3	4
7. Have you been in a car accident?	0	1	2	3	4
8. Have you had injuries requiring medical attention?	0	1	2	3	4
9. I have stopped myself right before attempting suicide and did not carry out the attempt (e.g., standing on a bridge but not jumping, loading a gun but not pulling the trigger).	0	1	2	3	4
10. Have you had impulses to hurt yourself (without actually hurting yourself)?	0	1	2	3	4
11. Have you seen dead or mutilated body parts?	0	1	2	3	4
12. Have you spent time thinking about your own death in detail?	0	1	2	3	4
13. Have you had consensual unprotected sex with someone you did not know very well?	0	1	2	3	4
14. Have you had violent daydreams or fantasies?	0	1	2	3	4
15. Have you ever been in a fire (in a burning building)?	0	1	2	3	4
16. Did your parents use corporal punishment?	0	1	2	3	4
17. Have you ever torn a ligament or tendon?	0	1	2	3	4
18. Have you ever seen someone die?	0	1	2	3	4
19. Have you ever engaged in deliberate self-harm (e.g., cutting or burning your skin)?	0	1	2	3	4
20. Has someone close to you died by suicide?	0	1	2	3	4
21. Have you ever had a root canal?	0	1	2	3	4
22. Have you seen someone else receive a serious injury that required medical attention?	0	1	2	3	4
23. Have you seriously injured yourself by accident (e.g., burning your hand while cooking, which required medical attention)?	0	1	2	3	4
24. Have you collected items in preparation to seriously harm yourself (e.g., collected pills, razors, etc.)?	0	1	2	3	4
25. Have you had an extensive, painful surgery?	0	1	2	3	4
26. Have you accidentally cut a finger while cooking, severely enough to require stitches?	0	1	2	3	4

26-item Painful and Provocative Events Scale–Revised

Painful and Provocative Events Scale–Revised Scoring Instructions

Sum the items for each subscale.

Injuries

-
4. Have you gone on a motorcycle?

 5. Have you shot a gun?

 6. Have you broken a bone?

 7. Have you been in a car accident?

 8. Have you had injuries requiring medical attention?

 11. Have you seen dead or mutilated body parts?

 13. Have you had consensual unprotected sex with someone you did not know very well?

 15. Have you ever been in a fire (in a burning building)?

 16. Did your parents use corporal punishment?

 17. Have you ever torn a ligament or tendon?

 18. Have you ever seen someone die?

 20. Has someone close to you died by suicide?

 21. Have you ever had a root canal?

 22. Have you seen someone else receive a serious injury that required medical attention?

 23. Have you seriously injured yourself by accident (e.g., burning your hand while cooking, which required medical attention)?

 25. Have you had an extensive, painful surgery?

 26. Have you accidentally cut a finger while cooking, severely enough to require stitches?

Self-harm

-
1. Have you made yourself vomit?

 2. Have you taken diet pills?

 3. Have you gone eight or more hours while you were awake without eating?

 9. I have stopped myself right before attempting suicide and did not carry out the attempt (e.g., standing on a bridge but not jumping, loading a gun but not pulling the trigger).

 10. Have you had impulses to hurt yourself (without actually hurting yourself)?

 12. Have you spent time thinking about your own death in detail?

 14. Have you had violent daydreams or fantasies?

 19. Have you ever engaged in deliberate self-harm (e.g., cutting or burning your skin)?

 24. Have you collected items in preparation to seriously harm yourself (e.g., collected pills, razors, etc.)?

Citation

Forrest, L. N., Velkoff, E. A., Johnson, C., Luebbe, A., & Smith, A. R. (2019). Establishing the psychometric properties and construct validity of the Painful and Provocative Events Scale–Revised. *Journal of Affective Disorders*, 253, 438-448.