

# **OLIVIA M. CLANCY**

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## **EDUCATION**

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**Drexel University** – Philadelphia, PA June 2022

- Master of Science, Psychology
- Faculty Mentors: Paakhi Srivastava, Ph.D.; Adrienne Juarascio, Ph.D.
- Master’s Thesis: Predicting Cognitive-Behavioral Therapy Outcomes for Bulimia Nervosa Patients Based on Skill Use During Treatment (Defended: January 26, 2022)

**New York University** – New York, NY May 2020

- Bachelor of Science, Applied Psychology
- Concentration: Child and Adolescent Mental Health Studies

## **AWARDS & HONORS**

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**Early Career Professional Award** 2022

Academy for Eating Disorders (AED) Award for student/trainee/early career professional top scoring poster abstract at the International Conference on Eating Disorders

**Dean’s Fellowship** 2020-2022

Drexel University Academic Scholarship, \$5,000

**NYU Wasserman Center Internship Summer Grant** 2019

Funded the independent summer studies of undergraduate students, \$1,000

**NYU Dean’s List for Scholastic Excellence** 2018-2019

Maintained an overall GPA of 3.75 or above

## **PEER REVIEWED PUBLICATIONS**

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Srivastava, P., Felonis, C.R., **Clancy, O.M.**, Wons, O.B., Abber, S.A., & Juarascio, A.S. (2021)

Real-time predictors of body dissatisfaction in females with binge eating: an ecological momentary assessment study. *Eating and Weight Disorders*.

**Clancy, O.M.**, Srivastava, P., Juarascio, A., & Manasse, S. (In Press) Predicting Cognitive-Behavioral Therapy Outcomes for Bulimia Nervosa Patients Based on Skill Use During Treatment. *Journal of Behavioral and Cognitive Practice*.

## **MANUSCRIPTS IN PREPARATION**

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Srivastava, P., Presseller, E.K., Chen, J.Y., Clark, K.E., Hunt, R.A., **Clancy, O.M.**, Manasse, S, & Juarascio, A.S. (Under review) Weight Status is Associated with Clinical Characteristics among Individuals with Bulimia Nervosa. *Eating and Weight Disorders*.

Srivastava, P., **Clancy, O.M.**, Fan, S., & Gian, C. (Under review) BODY+ Pilot: Evaluating the Feasibility, Acceptability, and Preliminary Efficacy. *Journal of Treatment and Prevention*.

**Clancy, O.M.**, Srivastava, P., & Juarascio, A. (In preparation) Emotion Regulation Skill Use Variability and its Impact on Negative Affect and Binge Eating.

Srivastava, P., **Clancy, O.M.**, Lampe, E., & Juarascio, A. (In preparation) I am Feeling Fat: Characterizing Feeling Fat and Within Person Factors Underlying the Experience of Feeling Fat.

Srivastava, P., Piers, A., Felonis, C., **Clancy, O.M.**, & Juarascio, A. (In preparation) Who Gets the Most out of Cognitive Behavioral Therapy for Bulimia Nervosa? The Role of Emotion Regulation Ability in Improving Therapeutic Skills Use and Binge Eating.

## **POSTER PRESENTATIONS**

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**Clancy, O.M.**, Juarascio, A.S., & Srivastava, P. (June 2022) *Utilizing Ecological Momentary Assessment to Assess the Influence of Sociocultural Attitudes Towards Thin Appearance on Body Dissatisfaction*. Poster to be presented virtually at the Academy of Eating Disorders' International Conference on Eating Disorders.

Srivastava, P., Fan, S., **Clancy, O.M.**, & Juarascio, A.S. (September 2021) *I am feeling fat: Characterizing feeling fat and within person factors underlying the experience of feeling fat*. Poster presented virtually at the annual meeting for the Eating Disorder Research Society.

Gentry, M., **Clancy, O.M.**, Rabinowitz, E., Carleton, J. (May 2020) *Dissociative self-states in adult-onset PTSD: Case study*. Poster presented virtually at the annual meeting for the International Society for the Study of Trauma and Dissociation.

McGregor, K., **Clancy, O.M.**, Whicker, M. (March 2020). *A social media exploration of pro-anorexia groups: how to reduce risk, increase autonomy, and create healthy online communities*. Poster presented virtually at the annual meeting for the Society of Adolescent Health and Medicine.

**Clancy, O.M.**, Carleton, J. (October 2019). *Triumph over medical trauma: The role of art and posttraumatic growth*. Poster presented at the 2<sup>nd</sup> annual International Arts in Healthcare Event, New York, NY.

McGregor, K., **Clancy, O.M.** (March 2019). *Starving for support: Natural language processing and machine learning analysis of anorexia nervosa in pro-eating disorder communities*. Poster presented at the annual meeting for the Society of Adolescent Health and Medicine, Washington, D.C.

## **INVITED PRESENTATIONS**

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**Clancy, O.M.**, Srivastava, P., & Juarascio, A.S. (November 2021). *Does skill utilization in CBT for BN predict outcomes?*, Project presented on behalf of the Obesity and Eating Disorders (OED) Special Interest Group (SIG) at the Special Interest Group Exposition for the 55th Annual Conference for the Association of Behavioral and Cognitive Therapies.

## RESEARCH EXPERIENCE

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**Research Coordinator**, Center for Weight, Eating, and Lifestyle Sciences 2021-2022  
Project Glucocare  
Drexel University, Philadelphia, PA  
*Supervisor*: Paakhi Srivastava, Ph.D.

Research coordinator for a pilot study testing the preliminary efficacy for an integrated behavioral weight loss treatment for individuals with comorbid type 2 diabetes mellitus and binge eating disorder.

- Recruited a nationwide sample of participants and ensured they had access to nearby medical facilities for blood monitoring throughout the study.
- Administered Eating Disorder Examination (17.0D) to assess participants' for meeting diagnosis of Binge Eating Disorder.
- Aided in the development of weekly treatment manuals that utilized aspects of existing integrated behavioral weight loss manuals, such as dietary recommendations and physical activity levels, while accounting for biological considerations of type 2 diabetes (i.e., A1C levels).

**Research Coordinator**, Center for Weight, Eating, and Lifestyle Sciences 2020- 2022  
The BODY+ Project  
Drexel University, Philadelphia, PA  
*Supervisor*: Paakhi Srivastava, Ph.D.

Primary research coordinator for a randomized control trial testing the feasibility, acceptability, and efficacy of a self-guided treatment delivered via self-help website and smartphone-based just-in-time adaptive intervention (JITAI) system for body dissatisfaction in individuals with binge-eating spectrum disorders.

- Assisted in development of the intervention text messages delivered via smartphone based JITAI system.
- Beta-tested the smartphone based JITAI system to assess for accuracy of intervention delivery.
- Administered Eating Disorder Examination (17.0D) to assess participants' for meeting diagnosis of Other Specified Eating and Feeding Disorders with Bulimia Nervosa (low frequency) and Binge Eating Disorder (low frequency).
- Managed, cleaned, and analyzed complex sets of longitudinal data, including ecological momentary assessments (EMAs).
- Prepared manuscripts and conference presentations related to the project.
- Assisted with literature reviews for R34 grant applications utilizing preliminary findings of the study.

**Research Assistant**, Duke Center for Eating Disorders 2020  
Duke University, Durham, NC  
*Supervisor*: Nancy Zucker, Ph.D.

- Created and edited psychoeducational content for monthly newsletters to be sent to patients and community members.

- Assisted in recruitment of ongoing studies by developing and maintaining social media presence.

**Research Assistant**, Brito Baby Lab 2019  
 Stress, Home Environment, Language and Learning (SHELL) Study  
 New York University, New York, NY  
*Supervisor:* Natalie Brito, Ph.D.

Assisted on a longitudinal study investigating the impact of environmental stressors on language development in infants being raised in bilingual homes.

- Administered neurocognitive behavioral tasks and physiological measures (i.e., electroencephalogram) to infants, ranging from three to 12 months old.
- Helped recruit participants from all five boroughs of New York City and coordinate their assessment times.
- Coded assessment session videos, specifically components involving the Tobii eye tracking device.

**Research Assistant**, Child Study Center 2018-2019  
 Hassenfeld Children’s Hospital at NYU Langone, New York, NY  
*Supervisor:* Kyle McGregor, Ph.D.

Designed an independent study investigating the manifestation of anorexia nervosa within online communities using machine learning analysis and natural language processing.

- Developed and ran an R syntax that compiled tweets containing specific keywords and hashtags.
- Presented findings at weekly Grand Rounds sessions for faculty at NYU Child Study Center.

## **CLINICAL EXPERIENCE**

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**Study Assessor**, Center for Weight, Eating, and Lifestyle Sciences 2020-2022  
 Drexel University, Philadelphia, PA  
*Eating Disorder Examination (EDE) (17.0D)*

- Certified to administer EDE to adults with bulimia nervosa (BN) and binge eating disorder (BED).

**Group Co-leader**, Center for Weight, Eating, and Lifestyle Sciences 2020-2021  
 Project Recharge (3R01MH122392-01S1)  
 Drexel University, Philadelphia, PA  
*Supervisor:* Adrienne Juarascio, Ph.D.

- Co-led supportive psychotherapy group for individuals with binge-eating spectrum disorders over 10 weeks as part of an NIH-funded study investigating the efficacy of a novel reward retraining treatment.
- Facilitated conversation amongst group members during weekly therapy sessions.
- Assigned and reviewed homework assignments of 10 group members to monitor engagement in treatment.
- Attended and participated in weekly supervision meetings.

**Child and Adolescent Psychiatry Intern**, Gouverneur Health 2020  
New York City Health + Hospitals, New York, NY

*Supervisor:* Sarah Caraisco, MD

- Collected and consolidated session notes from clinicians to update patient's files.
- Presented case notes at weekly Child and Adolescent team meetings to ensure all clinicians remained updated on patients.
- Set up for and shadowed Parent-Child Interaction Therapy (PCIT) sessions.

**Editorial Assistant**, Carleton Psychotherapy Practice 2019-2020  
New York, NY

*Supervisor:* Jacqueline Carleton, Ph.D.

- Transcribed session recordings and updated patient records following their individual therapy sessions.
- Wrote book reviews for international psychology journals based on new publications in the field.

Supervised 3-5 other undergraduate interns.

## **TEACHING EXPERIENCE**

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**Graduate Teaching Assistant**, Data Analysis I, II, & III 2021-2022  
Drexel University College of Arts and Science, Philadelphia, PA

*Supervisor:* Kate Devlin, Ph.D.

- Provide support to first-year master's students outside of class by leading recitation and offering office hours.
- Assist course instructor by monitoring student attendance and grading tests and homework weekly.

## **SERVICE EXPERIENCE**

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**Active Minds** 2017-2020  
Organized events on NYU's campus focused on eliminating the stigma surrounding mental health.

**American Foundation for Suicide Prevention** 2015- 2018  
Assist with Long Island-based programs to emphasize the importance of mental health in local communities.

**National Eating Disorders Association (NEDA)** 2017  
Ran social media campaigns focused on improving public awareness and advocacy of eating disorders.

## **PROFESSIONAL AFFILIATIONS**

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**Academy for Eating Disorders (AED)** 2022- Present  
Student Member of AED

**Association for Behavioral and Cognitive Therapies (ABCT)** 2021- Present  
Student Member of ABCT  
Student Member of Obesity and Eating Disorders Special Interest Group of ABCT

**Philadelphia Psychology Network (PSCP)**  
Student Member of PSCP

2021 - Present